Advancing Research – Changing Lives

It is with great sadness that we write to notify you of the passing of our dear colleague and friend, Terrie Cowley, who co-founded the CPRA and co-founded and directed The TMJ Association (TMJA) for 40 years. Terrie was a force of nature and dedicated her life to "fighting the good fight" for people with Temporomandibular Disorders (TMD) and Chronic Overlapping Pain Conditions (COPCs). She is already greatly missed, and we at the CPRA and TMJA have enormous shoes to fill. We are committed as ever to continuing the work Terrie began 40 years ago to improve the health and lives of people with TMD and COPCs.



In lieu of flowers, the family asks that donations be made to the TMJA in Terrie's name, PO Box 26770, Milwaukee, WI, 53226.

Please share your remembrances and condolences on Terrie's tribute wall here.

A remembrance of life service is planned for Saturday, September 21, 2024. Full details and times will be available soon.

Theresa Ann Cowley July 6, 1941 ~ July 22, 2024 https://www.beckerritter.com/tributes/Theresa-Cowley

The world lost one of its most passionate and compassionate individuals with the passing of Theresa Ann (Terrie) Malinowski Cowley on July 22, 2024 in Milwaukee. Born July 6, 1941 in Hazelton, PA, Terrie was a coal miner's daughter whose immigrant father served in the US Army in World War I. She received a BA in political science from Millsaps College and attended the Kennedy School of Government of Harvard University. In 1986, as a result of her own failed treatment for a temporomandibular joint (jaw) disorder (TMD), she co-founded and became President of The TMJ Association, a non-profit health advocacy organization. She singlehandedly tackled the issue of TMDs. Beginning in a spare bedroom of her Wauwatosa home, Terrie led the expansion of this patient centric organization into a worldwide presence. Terrie's intimate knowledge of the plight of patients, especially those suffering the catastrophic failures of implanted materials to replace all or parts of the joint, led to a 1992 congressional investigation and oversight of the Food and Drug Administration (FDA) regarding the safety and efficacy of implants and other proposed treatments. This led to increased research at the National Institutes of Health. More than that, it forced attention on the disconnect that keeps the jaws largely in the care of dentists and the rest of the orthopedic joints of the body are in the care of medical specialists. From 6 to 12 percent of the population, predominantly women, are affected by TMDs that can cause debilitating pain and dysfunction in the jaws and surrounding tissues, driven by complex biological, psychological, and environmental factors. Moreover, TMDs often are accompanied by other conditions such as irritable bowel syndrome, headaches, and fibromyalgia, so much so that The TMJ Association has also established the Chronic Overlapping Pain Conditions Alliance to raise awareness of research needed for these complex disorders. Terrie's passion showed in her meetings with health professionals and researchers, agency administrators and talks at scientific meetings. Her compassion was even more evident in her listening to patients in long phone conversations and in response to emails and letters over the past three decades. Working with the National Institute of Dental and Craniofacial Research and the FDA, her efforts led to a public-private

partnership, the TMJ FDA Medical Device Epidemiology Network Patient RoundTable and to the landmark 2020 National Academies of Science, Engineering and Medicine report on TMDs. That report established that TMDs are complex conditions that need to be treated by physicians and not by dentists. A newly formed National Academies Forum on TMDs will now consider how to achieve interprofessional TMD educational training and the creation of a pathway to TMD care that is evidence-based, rigorous, and includes accountabilities for all practitioners. It was said that "Terrie was a force of nature". She was fiercely dedicated, selfless, with a wonderful self-deprecating sense of humor, an avid sports fan, lover of jazz and classical music, good Scotch, and a lover of all furry animals. She was forever optimistic in the face of seemingly insurmountable tasks. She was the beloved wife of some 60 years of Allen W. Cowley, Ph.D., a research physiologist at the Medical College of Wisconsin, and sister of Maria Stednitz of Nesquehoning, Pennsylvania.

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About the Chronic Pain Research Alliance (CPRA)

The CPRA is the only research-led collaborative advocacy effort dedicated to improving the lives of those affected by <u>Chronic Overlapping Pain Conditions (COPCs)</u>.

The CPRA envisions and is working towards a future where people with COPCs receive a timely diagnosis, followed by comprehensive medical care, including the use of safe and effective approved treatments, informed by the latest and most rigorous scientific evidence.

Your support is vital to the CPRA's existence. Please consider making a <u>contribution</u> today! One-hundred percent of your tax-deductible gift will be used to further <u>CPRA's mission</u>.

The Chronic Pain Research Alliance is an initiative of The TMJ Association, Ltd. A NON-PROFIT 501(c)(3) Tax Exempt Organization.

www.ChronicPainResearch.org

Chronic Pain Research Alliance | P.O. Box 26770 | Milwaukee, WI 53226 US

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